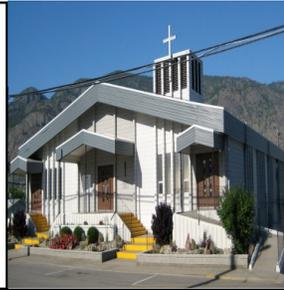


**Christ the King  
Catholic Church**  
6044 Spartan St.  
P.O. Box 130  
Oliver BC  
V0H 1T0



**MMXXVI  
01 & 08  
MARCH  
LENT II & III**



**St. Anne  
Catholic Church**  
7610 - 87th St.  
P.O. Box 242  
Osoyoos BC  
V0H 1V0

**PARISH STAFF & CONTACT INFORMATION**

**Pastor:** Rev. Peter Tompkins  
**Secretary:** Joan Marshall CTK Oliver  
**Telephone:** 250.498.3934 CTK Oliver  
**Telephone:** 250.495.6815 STA Osoyoos  
**E-mail address:** oliver@nelsondiocese.org  
**E-mail address:** st\_anne@telus.net  
**Website:** www.ckoliver.org  
**Website:** www.stanneosoyoos.org

**WEEKEND MASS SCHEDULE**

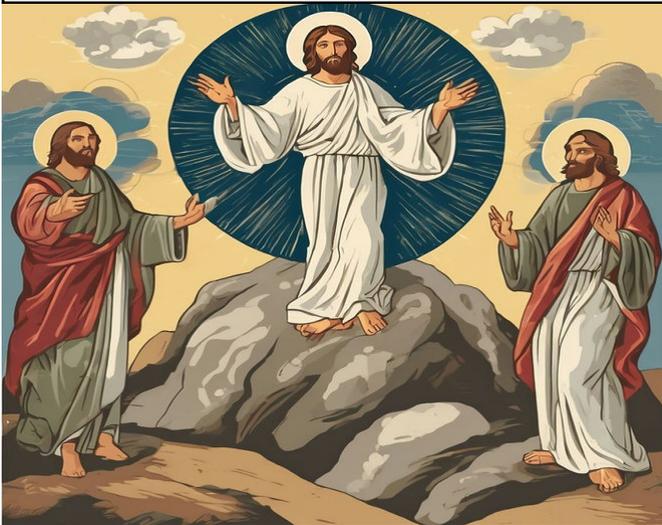
**Christ the King (Oliver) (CTK)**  
Saturday - 6:30 pm and Sunday - 9:30 am  
**St. Gregory Mission - 3rd Sunday each month 1:00 pm**  
Next Mass 1 PM 15 March  
**St. Anne (Osoyoos) (STA)**  
Saturday 5 pm Sunday 8:15 am and 11 am  
**Our Lady of Lourdes Mission (Keremeos) -**  
Next Mass 1:15 pm 01 March

**SACRAMENTS**

**Reconciliation:** Saturdays 4:00 to 4:30 pm or request an appointment (St. Anne Osoyoos) or by appointment  
Following 6:30 pm mass on Saturday (Christ the King Oliver) or by appointment  
**Baptisms:** Contact the Pastor 2 months in advance  
**Weddings:** Contact the Pastor 6 months in advance

**WELCOME**

Welcome to the South Okanagan and to our Catholic parishes in Oliver and Osoyoos on these late-winter days of 2026. We wish all a pleasant visit here and a safe return journey.



**THE TRANSFIGURATION OF JESUS**



**JESUS MEETS THE SAMARITAN WOMAN AT JACOB'S WELL IN SYCHAR**

**WELCOME TO OUR PARISH!**

Please help us up date our Parish records by cutting out & completing this form, and place in the collection basket or return to the Parish office.

**NAME:** \_\_\_\_\_

**TELEPHONE #:** \_\_\_\_\_ **COLLECTION ENVELOPE BOX #** \_\_\_\_\_

**ADDRESS (STREET):** \_\_\_\_\_

**ADDRESS (MAILING):** \_\_\_\_\_

**E-MAIL ADDRESS** \_\_\_\_\_ **POSTAL CODE:** \_\_\_\_\_

I would like to receive the bulletin via weekly e-mail. \_\_\_\_\_

I would like to begin using a boxed set of collection envelopes. \_\_\_\_\_

I would like to use pre-authorized debit for my Sunday contributions. \_\_\_\_\_

**MASS SCHEDULE AND INTENTIONS 28 FEBRUARY to 15 MARCH 2026****[Subject to change]****CTK = Christ the King Oliver****STA = St. Anne Osoyoos**

Saturday 28 February 5 PM @ STA.....[Lent Sunday II]	Unannounced Intention
Saturday 28 February 6:30 PM @ CTK.....[Lent Sunday II]	Rep. Joaquim Gonçalves
Sunday 01 March 8:15 AM @ STA.....[Lent Sunday II]	Int. Willard Lawrence
Sunday 01 March 9:30 AM @ CTK.....[Lent Sunday II]	Missa Pro Populo
Sunday 01 March 11 AM @ STA.....[Lent Sunday II]	Missa Pro Populo
Monday 02 March <b>No Mass</b> .....	
Tuesday 03 March <b>11 AM @ CTK</b> .....[Funeral Mass]	Rep. Suzanne Macht
Wednesday 04 March 9 AM @ CTK	Rep. Howard & Blanche Marshall
Thursday 05 March 11 AM @ CTK.....	Dec. Corazin & Furlin Families
Friday 06 March 9 AM @ STA.....	Rep. Anna Bucek
9:30 to 11 AM @ STA...[Eucharistic Adoration].....	
Saturday 07 March 5 PM @ STA.....[Lent Sunday III]	Unannounced Intention
Saturday 07 March 6:30 PM @ CTK.....[Lent Sunday III]	Rep. Abilio Morgadinho
Sunday 08 March 8:15 AM @ STA.....[Lent Sunday III]	Rep. Maria Cardoso
Sunday 08 March 9:30 AM @ CTK.....[Lent Sunday III]	Missa Pro Populo
Sunday 08 March 11 AM @ STA.....[Lent Sunday III]	Missa Pro Populo
Monday 09 March 9 AM @ STA.....	Int. Roland Mersereau
Tuesday 10 March 9 AM @ STA.....	Rep. Don & Teresa MacDonald
Wednesday 11 March 9 AM @ CTK.....	Rep. Maria & Martin Plut
Thursday 12 March 11 AM @ CTK.....	Rep. Manuel Morais
Friday 13 March 9 AM @ STA.....	Rep. Luis Borges
9:30 to 11 AM @ STA...[Eucharistic Adoration].....	
Saturday 14 March 5 PM @ STA.....[Lent Sunday IV]	Unannounced Intention
Saturday 14 March 6:30 PM @ CTK.....[Lent Sunday IV]	Rep. Tim Pattinson
Sunday 15 March 8:15 AM @ STA.....[Lent Sunday IV]	Rep. Nancy Gurry
Sunday 15 March 9:30 AM @ CTK.....[Lent Sunday IV]	Missa Pro Populo
Sunday 15 March 11 AM @ STA.....[Lent Sunday IV]	Missa Pro Populo

Masses for Our Lady of Lourdes Mission, at Keremeos on the Lower Similkameen Territory, are on the first Sunday of each month at 1 PM. Masses for St. Gregory Mission at the Osoyoos Territory Band Office (adjacent to South Okanagan General Hospital), 1 PM on the third Sunday of the month.

**HOLY TRIVIA**

**Last Bulletin:** In last week's Gospel, Jesus said, "You are the salt of the earth." Great, but consuming salt can be problematic to our health. According to Canada.ca which of the following tops the list of sources of salt consumption in Canada?

A] Soups B] Breakfast cereals **C] Cheese** D] Condiments

**This Week:** It is suggested that the Mount of the Transfiguration of Jesus was Mount Tabor, but it is not Israel's highest mountain. Which country has the highest mountain in this region of these four nations?

A] Lebanon B] Israel C] Jordan D] Egypt

Answer in Next Bulletin

**MASS AND HOLY COMMUNION CTK STA**

Our Sunday Mass is our worship of God the Father, Son, and Holy Spirit. What better way to give thanks than by responding **LOUDLY** in the congregation's prayers, and singing with the musicians leading us? Our enthusiastic participation is itself a form of evangelization. Loud responses keep the congregation in sync. Then we are really praising the Lord! And the music ministry really loves it when you sing with them. PTL

**CATHOLIC MEN'S CONFERENCE**

 24 & 25 April Immaculate Conception Church, Kelowna

  One in Christ, United in Mission

 Keynote Speaker: Fr. Larry Richards

Author : *Be A Man: Becoming the Man God Created You to Be*

 Early Bird Registration — Before 15 April:

• Regular: **\$65** • University Student: **\$15**  Register or learn more: Visit [www.heroicmen.ca](http://www.heroicmen.ca) and scroll down to the Kelowna Conference

**FOR YOUR CALENDARS****MARCH MMXXVI**

- 03 - Full Moon 3:38 AM PST (and lunar eclipse 12:39 AM)
- 05 - Mass at Okanagan Correctional Centre 1 PM
- 06 - Fridays in Lent: Way of the Cross See Page 3 for times.
- 08 - Time Change PDT Forward at 02:00 Sunday
- 09 - Sacrament of Reconciliation STA CTK
- 11 - Mass at Sunnyside Centre 1:15 PM
- 11 - Knights of Columbus meeting 7 PM
- 12 - Mass at Okanagan Correctional Centre 1 PM
- 12 - CWL meeting CTK 1:30 PM
- 16 - Parish Retreat Day (Deacon Dale Webster) STA
- 17 - St. Patrick's Day
- 17 - Mass at Mariposa Garden 11 AM
- 18 - Mass at McKinney Place 11 AM
- 19 - Solemnity of St. Joseph
- 19 - CWL meeting STA 1:30 PM
- 20 - Spring Equinox 7:46 AM PDT
- 22 - Share Lent Sunday
- 25 - Solemnity of the Annunciation
- 29 - Palm Sunday: Holy Week begins
- 30 - Mass of the Holy Chrism (Kelowna)

**APRIL MMXXVI**

- 01 - Full (Pink) Moon 7:12 PM PDT
- 02 - Holy Thursday
- 03 - Good Friday
- 04 - Easter Vigil Mass
- 05 - Easter Sunday

**DAY OF RECOLLECTION RETREAT IN LENT**

"One in Christ, United in Mission." Monday, 16 March. Mass at 9 AM, program until 4 PM. Director/Preacher is Deacon Dale Webster and Sally Webster from Penticton. BYOBBL

<p align="center"><b>ST. ANNE PARISH NEWS</b></p>	<p align="center"><b>CHRIST THE KING PARISH NEWS</b></p>
<p><b>STEWARDSHIP: SUNDAY OFFERINGS STA</b>  15 February (Includes \$411.54/week e-donations) \$ 1,835.83  22 February (Includes \$411.54/week e-donations) \$ 1,937.99  Sunday Collection Budget \$ 1,450.00  Thank you for your stewardship and support of the parish.</p>	<p><b>STEWARDSHIP: SUNDAY OFFERINGS CTK</b>  15 February (Includes \$235.95/week e-donations) \$ 1,148.70  22 February (Includes \$235.95/week e-donations) \$ 3,556.20  Sunday Collection Budget: \$1,675.00  God loves a cheerful giver and a generous heart...thank you.</p>
<p><b>PARISH OFFICE HOURS STA</b>  Tuesdays, Wednesdays, Thursdays 9:30 - 11 AM</p>	<p><b>PARISH OFFICE HOURS THIS WEEK CTK</b>  Wednesday &amp; Thursday 9:30 AM to 12 Noon</p>
<p><b>SEASON OF LENT - TIME TO GET READY</b>  Lent is the season to prepare for the Sacred Paschal Triduum of Holy Thursday, Good Friday, and Easter. It the yearly celebration by the Church of its conversion in Jesus Christ. The Church encourages penitential practices that are internal and spiritual, as well as external and social. Lent is a good time to practice the Spiritual and Corporal Works of Mercy. Christian fasting obtains its full meaning when we deprive ourselves of food in order to be more open to prayer, to share more in the suffering of those who are starving and to save money to give to the poor. Fasting is a penitential discipline intended to open our hearts to God and others, a means of purification and spiritual liberation. The law of "abstinence from meat" binds those who are 14 and older; the law of "fasting" binds those from 18 to 59 years of age. Parents and teachers can gradually introduce to children the practice of penance. Adult example is the greatest teacher in this matter.</p> <p><b>STATIONS OF THE CROSS</b>  The Way of the Cross will be prayed weekly on Fridays.  9:30 AM at St. Anne Church in Osoyoos  5:30 PM at Christ the King Church in Oliver</p> <p><b>DAILY MASS IN LENT</b>  One great spiritual discipline in the season of Lent is attending daily Mass, or attending an extra Mass each week. Please note that the Thursday Mass at Christ the King will be scheduled at 11 AM during Lent (19 February to 27 March)</p>	<p><b>EYE CAN SEE ! CTK</b>  A box is available in the entrance area to collect eyeglasses for the Canadian Lions Eyeglass Recycling Program. It's a good way to find a good home for those unused, old eyeglasses sitting in our drawers at home</p> <p><b>AED IMPORTANT ADVISORY CTK</b>  We are waiting for the proper battery replacement for the cardiac emergency AED unit located outside the washrooms in the foyer. In the event of a medical emergency, immediately <b>call 9-1-1.</b></p> <p><b>LENT THURSDAYS: SOUP &amp; BUN CTK</b>  Thursday's Masses (starting 19 February) will be at 11 AM during Lent, followed by the modest feast. Soup makers are needed. Please sign up on the sheet on the table in the foyer.</p> <p><b>MAY SHE REST IN PEACE CTK</b>  Suzanne Macht died on Ash Wednesday, 18 February. Her Funeral Mass will be on Tuesday, 03 March, at Christ the King Church. Our condolences to her family and we pray for her soul: <i>Eternal rest grant unto her, O Lord, and let perpetual light shine upon her. May her soul, and the souls of all the faithful departed, through the mercy of God, rest in peace. Amen.</i></p>
<p><b>STAYING HEALTHY STA CTK</b>  The cold and influenza season is here. Some hygiene tips:  <input type="checkbox"/> Please stay at home if you are ill; we trust, Deo volente, that we will see you again the following weekend when you have recovered to reasonably good health. If you have common-cold or influenza symptoms, follow medical advice, and avoid the spread.  <input type="checkbox"/> Wash or sanitize your hands regularly.  <input type="checkbox"/> Hand-shaking is not required at the Rite of the Sign of Peace. A bow or a slight nod or a wave is just fine. Most important is the desire to offer other people the peace of Jesus in their lives.  <input type="checkbox"/> Attempt to cough or sneeze into the inside of your left arm at the elbow, to avoid the spread of germs.</p>	<p><b>BULLETIN NOTICES EARLY PLEASE STA CTK</b>  Bulletins may be printed for a two-week period. Be sure to submit notices by email well in advance of planned events.</p> <p><b>QUICK 20s - APPOINTMENTS</b>  For appointments with Fr. Peter, please call the parish office:  CTK Thursday, 05 March, 11:30 AM to 12 Noon  STA Friday, 06 March 11 AM to 1 PM</p> <p><b>LENT ON-LINE VIDEO SERIES STA CTK</b>  <i>Journey Through Lent</i> is a weekly video series produced by the Canadian Conference of Catholic Bishops. Access these messages at  <a href="https://www.cccb.ca/lent/">https://www.cccb.ca/lent/</a> </p>
<p><b>THOSE FOUR L's - SECURE OUR CHURCHES!</b>  Like others, our insurance company requires responsible mitigation of threats and hazards to our properties. If you are the last to leave the church building and tasked with securing the doors, please remember the L's.:  1. Leaks (turn off all faucets, especially in bathrooms)  2. Lights (turn off the lights, sound system, appliances).  3. Locks (make sure the doors are secured with locks, and that interior doors are closed for fire prevention; the gate if necessary at CTK)  4. Lower (turn down the thermostat in months ahead )</p>	<p><b>RELIGIOUS EDUCATION FOR OUR CHILDREN</b>  Catholic catechism and faith formation classes for children grades 1-7. Monday evenings at 5:45 PM.</p> <p><b>SACRAMENT OF RECONCILIATION STA CTK</b>  The priests of our South Okanagan Deanery parishes will be available for the Sacrament of Reconciliation on  <b>Monday, 09 March: 2 PM STA 5 PM CTK</b>  Also Thursday 05 March Summerland (Holy Child) 6 PM  Thursday 12 March Penticton (St. John Vianney) 6 PM  Wednesday 18 March Keremeos (LOL) 10:45 AM</p> <p><b>CANADA'S RESIDENTIAL SCHOOLS HOTLINE</b>  24 hours/day support: 866.925.4419 or 800.721.0066</p>

## MESSAGE FOR LENT FROM POPE LEO XIV

Dear brothers and sisters,

Lent is a time in which the Church, guided by a sense of maternal care, invites us to place the mystery of God back in the center of our lives, in order to find renewal in our faith and keep our hearts from being consumed by the anxieties and distractions of daily life.

Every path towards conversion begins by allowing the word of God to touch our hearts and welcoming it with a docile spirit. There is a relationship between the word, our acceptance of it and the transformation it brings about. For this reason, the Lenten journey is a welcome opportunity to heed the voice of the Lord and renew our commitment to following Christ, accompanying him on the road to Jerusalem, where the mystery of his passion, death and resurrection will be fulfilled.

### **Listening**

This year, I would first like to consider the importance of making room for the word through *listening*. The willingness to listen is the first way we demonstrate our desire to enter into relationship with someone.

In revealing himself to Moses in the burning bush, God himself teaches us that listening is one of his defining characteristics: "I have observed the misery of my people who are in Egypt; I have heard their cry" (*Ex 3:7*). Hearing the cry of the oppressed is the beginning of a story of liberation in which the Lord calls Moses, sending him to open a path of salvation for his children who have been reduced to slavery.

Our God is one who seeks to involve us. Even today he shares with us what is in his heart. Because of this, listening to the word in the liturgy teaches us to listen to the truth of reality. In the midst of the many voices present in our personal lives and in society, Sacred Scripture helps us to recognize and respond to the cry of those who are anguished and suffering. In order to foster this inner openness to listening, we must allow God to teach us how to listen *as he does*. We must recognize that "the condition of the poor is a cry that, throughout human history, constantly challenges our lives, societies, political and economic systems, and, not least, the Church."<sup>[1]</sup>

### **Fasting**

If Lent is a time for listening, *fasting* is a concrete way to prepare ourselves to receive the word of God. Abstaining from food is an ancient ascetic practice that is essential on the path of conversion. Precisely because it involves the body, fasting makes it easier to recognize what we "hunger" for and what we deem necessary for our sustenance. Moreover, it helps us to identify and order our "appetites," keeping our hunger and thirst for justice alive and freeing us from complacency. Thus, it teaches us to pray and act responsibly towards our neighbor.

With spiritual insight, Saint Augustine helps us to understand the tension between the present moment and the future fulfilment that characterizes this custody of the heart. He observes that: "In the course of earthly life, it is incumbent upon men and women to hunger and thirst for justice, but to be satisfied belongs to the next life. Angels are satisfied with this bread, this food. The human race, on the other hand, hungers for it; we are all drawn to it in our desire. This reaching out in desire expands the soul and increases its capacity."<sup>[2]</sup> That understood, fasting not only permits us to govern our desire, purifying it and making it freer, but also to expand it, always directed towards God and doing good.

However, in order to practice fasting in accordance with its evangelical character and avoid the temptation that leads to pride, it must be lived in faith and humility. It must be grounded in communion with the Lord, because "those who are unable to nourish themselves with the word of God do not fast properly."<sup>[3]</sup> As a visible sign of our inner commitment to turn away from sin and evil with the help of grace, fasting must also include other forms of self-denial aimed at helping us to acquire a more sober lifestyle, since "austerity makes the Christian life strong and authentic."<sup>[4]</sup>

In this regard, I would like to invite you to a very practical and frequently unappreciated form of abstinence: that of refraining from words that offend and hurt our neighbor. Let us begin by disarming our language, avoiding harsh words and rash judgement, refraining from slander and speaking ill of those who are not present and cannot defend themselves. Instead, let us strive to measure our words and cultivate kindness and respect in our families, among our friends, at work, on social media, in political debates, in the media and in Christian communities. In this way, words of hatred will give way to words of hope and peace.

### **Together**

Finally, Lent emphasizes the communal aspect of listening to the word and fasting. The Bible itself underlines this dimension in multiple ways. For example, the Book of Nehemiah recounts how the people gathered to listen to the public reading of the Law, preparing to profess their faith and worship through fasting, so as to renew the covenant with God.

Likewise, our parishes, families, ecclesial groups and religious communities are called to undertake a shared journey during Lent, in which listening to the word of God, as well as to the cry of the poor and of the earth, becomes part of our community life, and fasting a foundation for sincere repentance. In this context, conversion refers not only to one's conscience, but also to the quality of our relationships and dialogue. It means allowing ourselves to be challenged by reality and recognizing what truly guides our desires — both within our ecclesial communities and as regards humanity's thirst for justice and reconciliation.

Dear friends, let us ask for the grace of a Lent that leads us to greater attentiveness to God and to the least among us. Let us ask for the strength that comes from the type of fasting that also extends to our use of language, so that hurtful words may diminish and give way to a greater space for the voice of others. Let us strive to make our communities places where the cry of those who suffer finds welcome, and listening opens paths towards liberation, making us ready and eager to contribute to building a civilization of love.

I impart my heartfelt blessing upon all of you and your Lenten journey.

+ LEO PP. XIV